



Holy Trinity National School

December News 2019



Christmas Fair

Many thanks to all who made our Christmas Fair such a success. It was a huge undertaking again for the Parent Association and profitable as a result of your generosity and school community spirit. The Parent Association will be in touch shortly to outline profits made as a result of the Christmas fundraisers.

Thank you.

Library News

Our Library stock was replenished at the beginning of this term and caused much excitement amongst our pupils. A massive thank you to our librarians who have organised the library and facilitated the borrowing of books for our pupils. We are very grateful for your support: Sarah Varela, Ailbhe Hayes, Patricia Duke, Eimear Mescal, Emma Kavanagh, Maria Cray, Teresa Alitotta, Edel; Scott, Jenny Leech, Ciara Lambie, Philip Kavanagh, Charlene Boyle, Sinead Newell and Monica Kalicinska. If you have an hour to two hours a week and would like to join this team in the New Year for Term 2 please contact the school office, Míle Buíochas.

Christmas Carol Service

Wednesday December 18th 7pm
in St Mary's Church Sandyford.

The service will be led by pupils from 1st—6th classes.

St Vincent de Paul

Our Sixth Class will again organise a collection of non-perishable items in aid of St Vincent de Paul. Collection boxes are in the front foyer. We ask for each family to donate one small item.

Giant Christmas Assembly with Coffee & Christmas Cheer

Friday morning

December 20th

9 a.m.

All parents invited. Donations
will be accepted in aid of Pieta
House

Holidays

School closes at 12 noon on Friday December 20th and reopens on Monday January 6th.





Boys Runners Up in Dublin Basketball Blitz Nov 26th



Girls Runners Up in Dublin Basketball Blitz Nov 26th

Congratulations to our Boys and Girls teams who participated in the Dublin Schools' Blitz earlier this week. They performed heroically. Many thanks to their teachers, Ms. Doherty and Ms. Carroll along with their coach Edel Scott.

Well-Being Week in Holy Trinity NS.

January 13th—17th 2020

We are preparing a 'Well-being Week' in January when we will draw together the skills and content of our Weaving Wellbeing and SPHE programmes with the support of an experienced school facilitator Laura S. Dowdall.

Over a two-day programme, Laura will work with our classes as follows:

Junior, Senior infants classes: Expressive Movement through music and imagery, Yoga through storytelling, Breathing exercises to calm.

1st and 2nd classes: Movement and Yoga sequences to release tension/ anxiety to encourage expression and confidence in moving, Breathing exercises to calm and energise the mind, Mindfulness meditation.

3rd and 4th classes: Yoga, Flow sequence for daily practice to waken the body and brain, Partner work, Techniques to improve focus (Brain Gym), What is Stress?, Breath work to calm, to energise and to destress.

5th and 6th classes: Yoga to encourage self-awareness, Meditation with Breath-work, Focusing technique: a partner exercise practicing active listening, self-expression and understand the mind-body connection, how to support positive mindset in low times, compassion for self and others.

Board of Management.

A new Board of Management was elected following a series of meetings during the past few weeks.

Following a meeting of parents on November 18th, Gráinne Heneghan was elected as mother's nominee. Mark Redmond was elected as father's nominee.

Staff have elected Ms Lynn as their nominee on the new board.

The new board will formally meet in January.

We thank those who put themselves forward to serve on the Board of Management and wish them well for the coming term.

School Leadership Appointment

Congratulations to Ms Caroline Walsh who has been appointed Assistant Principal 1 in the past week. We wish Caroline well in her role on the school leadership team.

Parent's Well-Being Session

When? Thursday January 16th.

Time? 7pm—8pm

Where? School hall.

This relaxing presentation will give practical demonstrations on how to release all that 'back to school' tension.

Parents should wear comfy clothing as it involves practical exercises.

This was hugely popular last year