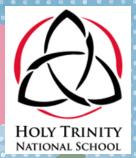


# Holy Trinity National School December News



## Christmas Carol Service

Thursday December 20th 7pm in St Mary's Church Sandyford.

The service will be led by pupils from 1st—6th classes.

Giant Christmas Assembly with Coffee & Christmas
Cheer

<u>Friday morning December 21st 9 a.m.</u>
<u>All parents invited</u>

**Christmas Holidays** 

Term will finish at 11.55am on Friday December 21st for junior and senior infants. All other classes will finish at 12 noon.

The purpose of the slightly staggered finish is to ensure safe dismissal of our younger pupils.No School

## **School Closure in January**

Holy Trinity NS will be closed to pupils on Friday January 11<sup>th</sup> 2019. The purpose of this closure is to facilitate training for the roll-out of the new Primary Language Curriculum as approved in Department of Education and Skills Circular 16/2018.

Please note that Kids Inc (who operate their childcare service onsite in the school) will operate a full or half day service on that day. Please contact Kids Inc on 01 6215790 or email <a href="mailto:natalia@kidsinc.ie">natalia@kidsinc.ie</a> if you wish to book a place for your child.



Graffiti Classics Concert November 19th in Holy Trinity NS..

# Christmas Fair. Thank You

On your behalf, I congratulate and thank the Parent Association for organising the hugely successful Christmas Fair. Well done to all who helped out in the preparation beforehand and on the day.

## **Christmas Gifts**

We want to remind all parents that school staff do not accept gifts or presents at Christmas time from parents/ pupils. This is an established practice in the school since our foundation. We kindly ask you to continue this practice.. We remain grateful for your appreciation of our efforts.

## 'Walk While You Can'

This year we are hoping you will join us to support the wonderful work undertaken by local priest Fr. Tony Coote from Mount-Merrion. Fr Coote was diagnosed with motor neurone disease in March and set about raising awareness and funds to help support medical research and care for MND sufferers. If you are attending our Christmas Assembly on the 21st we will have a 'bucket-collection in aid of this worthy cause.

wwyc.ie for further information



## Well-Being Week in Holy Trinity NS. January 14th—18th 2019

Following on from our hugely successful 'Poetry Week' in Holy Trinity NS we are preparing a 'Well-being Week' in January when we will draw together the skills and content of our Weaving Wellbeing and SPHE programmes with the support of an experienced school facilitator Laura S. Dowdall.

Over a two-day programme, Laura will work with our classes as follows:

Junior, Senior infants classes: Expressive Movement through music and imagery, Yoga through storytelling, Breathing exercises to calm.

1st and 2nd classes: Movement and Yoga sequences to release tension/ anxiety to encourage expression and confidence in moving, Breathing exercises to calm and energise the mind, Mindfulness meditation.

3rd and 4th classes: Yoga, Flow sequence for daily practice to waken the body and brain, Partner work, Techniques to improve focus (Brain Gym), What is Stress?, Breath work to calm, to energise and to destress.

5th and 6th classes: Yoga to encourage self-awareness, Meditation with Breathwork, Focusing technique: a partner exercise practicing active listening, self-expression and understand the mind-body connection, how to support positive mindset in low times, compassion for self and others.

## **Parent's Well-Being Session**

When? Wednesday January 16th.

Time? 7pm—8pm

Where? School hall.

This relaxing presentation will give practical demonstrations on how to release all that 'back to school 'tension.

Parents should wear comfy clothing as it involves practical exercises.

# Ms World (

## **Pupil Quotes**

## **Poetry Week**

"I learned a lot in Poetry Week. I also learned new poems. I got to perform a poem in front of the whole school." (6th class pupil)

It was fun doing our poetry workshop and writing our own poem" (4th class pupil)

## **Christmas Fair**

"I liked all the cakes. My dad won €100. The games were really fun. I liked the cake auction . I liked the atmosphere when we were preparing for it. My mum bought my friend's cake and it was delicious"- (2nd class pupil)

### **Maths Week**

" It wad exciting! It got people learning in fun ways. We did a Maths Trail which was different from learning in the classroom"

## Basketball Final.

"I'm over the mooon to have won the basketball for our school. It was the highlight of the year so far. Our hard work and determination paid off"

## Grafitti Classics.

It was so funny. The man with the cello was ery funny" (Senior Infants)

## Condolence.

We express our sincere condolences to the Tracey family on the recent death of Edward Tracey. Our sympathies to Kathy, Seán, Karlie, Cian and all the family on their sad loss. May he rest in peace.



Story Through Music.